



INDEMNITY FORM

(Please fill one form for each participant)

Go for Your Mountain – GYM2019 edition 19.10.19

I declare that I consent to the terms of participation listed below:

I am participating in this Go for Your Mountain 2019 organized by Empower Ageing Limited on my own free will and at my own risk.

I declare that I am 13 years and above on the Event Day to participate in Go for Your Mountain 2019.

I know the Event activities (including the walking portion, all aspects of the pre- and post-walk activities) are potentially dangerous, and I acknowledge that in participation as a climber for the Event, the Event requires me to walk, hike and take any other actions to complete an outdoor climbing course in existing weather, good or bad.

I acknowledge that Event activities (including the climbing portion, all aspects of post-race activities) could be potentially dangerous, and that such activities may result in injury, sickness or loss of life, or loss or damage to personal property, but I accept and assume all risks (including inherent danger of the event; the negligence or intentional acts of any person including myself; inadequate wearing of apparel; dangerous ground conditions; spectator interference; natural causes; and all other causes of injury, damage or loss).

I will at all times conduct myself in a careful manner, will not injure or damage any other person or property and will obey all laws, event rules and event staff (including security personnel). I will not be under the influence of any alcohol, drug, substance, nor consume any of these before or during the Event.

I agree that neither Empower Ageing Limited, nor any other parties involved will be responsible for any damage, loss, injury or death that I may suffer during the course of the event.

I also agree to indemnify Empower Ageing Limited and any other parties involved against any claim made by any party arising from any act or omission on my part in connection with this event. I agree to abide by the rules and regulations of this Event as briefed by the Event's organizers and will not dispute their decision on all climb-related matters.

Name of Participant

Signature/ Date

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Name of Parent/ Guardian
(Below the age of 18, on Event day)

Signature/ Date